

South West District Cross Country Team Championships (Men)

??? Trophy First Presented

First held in 1929-30

Scottish Cross Country Union

1974-5	Greenock Wellpark H	46	Ayrshire AAC	86	Beith H	111
1973-4	Paisley H	98	Greenock Glenpark H	113	IBM Spango Valley	121
1972-3	Greenock Glenpark H	62	Paisley H	107	Greenock Wellpark H	113
1971-2	Greenock Glenpark H	62	Greenock Wellpark H	77	Ayr Seaforth AC	104
1970-1	Greenock Wellpark H	58	Greenock Glenpark H	96	Babcock & Wilcock	161
1969-70	Greenock Wellpark H	73	Greenock Glenpark H	118	Irvine YMCA H	134
1968-9	Greenock Glenpark H	66	Beith H	112	Kilmarnock H	116
1967-8	Ayr Seaforth AC	82	Greenock Glenpark H	83	Beith H	84
1966-7	Greenock Wellpark H	75	Greenock Glenpark H	93	Beith H	95
1965-6	Greenock Wellpark H	61	Beith H	83	Greenock Glenpark H	116
1964-5	Greenock Glenpark H	91	Greenock Wellpark H	104	Paisley H	118

National Cross Country Union of Scotland

1963-4	Greenock Glenpark H	61	Beith H	86	Ayr Seaforth AC	130
1962-3	Beith H	65	Greenock Wellpark H	87	Ayr Seaforth AC	89
1961-2	Greenock Wellpark H	51	Ayr Seaforth AC	85	Greenock Glenpark H	107
1960-1	Greenock Wellpark H	54	Beith H	72	Greenock Glenpark H	139
1959-60	Beith H	57	Greenock Wellpark H	79	Greenock Glenpark H	131
1958-9	Greenock Wellpark H	64	Beith H	83	Kilmarnock H	150
1957-8	Beith H	65	Irvine YMCA H	75	Greenock Wellpark H	84
1956-7	Greenock Wellpark H	89	Irvine YMCA H	96	Kilmarnock H	105
1955-6	Greenock Wellpark H	51	Irvine YMCA H	115	Kilmarnock H	156
1954-5	Greenock Wellpark H	55	Paisley H	98	Beith H	113
1953-4	Paisley H	84	Beith H	91	Irvine YMCA H	120
1952-3	Greenock Wellpark H	102	Irvine YMCA H	102	Paisley H	108
1951-2	Irvine YMCA H	44	Plebeian H	113	Greenock Glenpark H	123
1950-1	Irvine YMCA H	64	Greenock Glenpark H	83	Greenock Wellpark H	110
1949-50	Greenock Glenpark H	45	Kilmarnock H	48	Paisley H	130

Before season 1949-50 the District was contested by Junior athletes defined by not having won honours in the District individual or team championships

1948-9	Irvine YMCA H	76	Kilmarnock H	89	West Kilbride ASC	124
1947-8	Greenock Glenpark H	62	Doon H	131	Kilbarchan AAC	143
1946-7	Auchmountain H	51	West Kilbride ASC	75	Greenock Glenpark H	80
1938-9	Greenock Wellpark H	110	Doon H	115	Paisley H	131
1937-8	Greenock Glenpark H	102	Greenock Wellpark H	127	Ardeer Recreation Club	145
1936-7	Irvine YMCA H	75	Greenock Wellpark H	139	Ardeer Recreation Club	164
1935-6	Beith H	72	Irvine YMCA H	118	Kilbarchan AAC	119
1934-5	Auchmountain H	122	Beith H	147	Kilmarnock H	190
1933-4	Greenock Glenpark H	103	Greenock Wellpark H	129	Eglington H	164

1932-3	Eglington H	60	Doon H	113	Greenock Glenpark H	123
1931-2	Kilmarnock H	55	Doon H	84	Eglington H	136
1930-1	Beith H	82	Kilmarnock H	95	Eglington H	101
1929-30	Irvine YMCA H	58	Eglington H	103	Paisley H	119